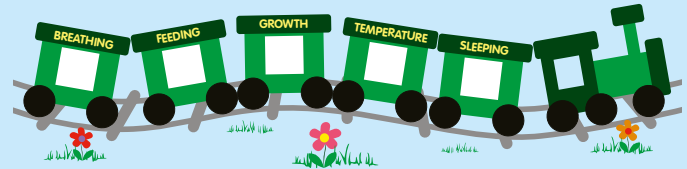


Working out the Train-to-Home discharge dates



Gestation at birth (weeks)	Suggested initial range for estimated discharge dates (Weeks added to DOB)	Examples	
		DOB	Estimated dates
27 weeks	8 – 10 weeks	1st October	26 Nov – 10 Dec
28 weeks	7 – 9 weeks		
29 weeks	6 – 8 weeks		
30 weeks	5 – 7 weeks		
31 weeks	4.5 – 5.5 weeks	1st October	2 – 9 Nov
32 weeks	3 – 4 weeks		
33 weeks	2 – 3 weeks		